

Who is Really the Leader?

(Teambuilding Game)

Leader stands in a large open space (indoors or out). Girls are asked to form a rectangle around leader.

Once they settle, leader points to girls in front of her and says, "You will always be in front of me." Then looks behind her and says, "You will always be behind me." Then to the right "You will always be to the right of me." Then finally to the left "You will always be to the left of me."

Then the leader walks quickly in a random direction and turns, saying nothing. The girls follow and reform the rectangle. This is repeated as many times as wanted. Afterwards, lead the girls in the following discussion:

1. What happened?
(Were the girls quiet, loud, did they switch order while staying on the same sides or did they stay in the same order?)
2. Did you work together to accomplish the task?
(Did they look at each other to figure out where they were supposed to be? Did they talk or was the communication/help silent?)
3. What did they think of the exercise?