

Edible Fire

Ingredients:

- Campfire Area – Paper plate
 - Fire Fuel Area – Paper towel
 - Dirt – Graham Cracker crumbs (or Oreo crumbs or any brown cookie crumbs)
 - Fire (Rock) Ring – Peanut M&M's
 - Safety circle – Cheerios or similar
 - Tinder – Coconut shavings
 - Fire starter – raisins
 - Kindling – Chow Mein noodles or Potato Sticks
 - Logs – Tootsie Rolls or similar
 - Fuel wood - Kit Kat sticks
- (Note: If using large Tootsie Rolls, the Kit Kat sticks might end up being the logs and the Tootsie Rolls the fuel wood.)*
- Fire - red hots
 - Water
 - Buckets - Small paper cups
 - Rake - Plastic fork

Method:

1. Give each scout a “campfire area” (*paper plate*) and a “fire fuel area” (*paper towel*). Explain that fire fuel needs to be kept in an area separate from the fire area, where the fuel can't catch on fire.
2. Put most of the “fire fuel” in little stacks in the “fire fuel area” for each scout so that they can build the fire as you tell them to (*on the paper towels make little piles of the M&Ms, Cheerios or similar, raisins, noodles, etc.*).
3. Put about ½ cup of “dirt” (*graham cracker crumbs*) on each scout's “campfire area” (*paper plate*).
4. Have the scouts “prepare the area” by “raking” their “dirt” with their “rakes” (*use forks*) neatly spreading the dirt (*crumbs*)
5. Make the “fire ring”. (*Peanut M&Ms*)
6. Mark safety circle or no play zone. (*Cheerios or similar*)
7. Lay and “A-frame” or log cabin with “logs”. (*tootsie rolls*)
8. Sprinkle some tinder in the center of the “A” or cabin. (*coconut shavings*)
9. Lay kindling and fire starters. (*chow mein noodles; raisins*)
10. Add more logs. (*tootsie rolls*)
11. Put fuel wood beside fire, to add later. (*Kit Kat sticks*)
12. Talk about matches and not playing with them nor using them without an adult present.
13. Light fire (*add red hots*)
14. Enjoy your fire! (*eat the snack*)
15. Use buckets of water for “fire extinguishers”. (*drink the water!*)

Note: If you don't have all of the above ingredients, try to substitute with other locally available items that are similar and are correct relatively sizewise.