

Master One Pot Ground Beef Meal

This will feed about 16 to 20 people

Into One Pot Put:

4 lbs. ground beef, browned

1 pkg dehydrated onions or 2 fresh (cut into small pieces)

1 pkg dehydrated sweet peppers or 1 large pepper (cut into small pieces)

3 cans of tomato soup

Salt and Pepper

then here are the options:

AMERICAN CHOP SUEY

add: 5 cans of spaghetti (like Franco American)

MACARONI BEEF

add:

1 large pkg of macaroni (cooked separately)

CHILI

add:

5 cans of red kidney beans

chili powder

spoon into individual bags of corn chips for pepper bellies

SLOPPY JOES

add:

Chili sauce, tomato sauce, or other variety of soups

Serve on open buns

SPANISH RICE

add:

1 large pkg of minute rice (cooked separately)

HUNTER'S STEW

add:

5 cans of vegetable soup

or 3 cans of mixed vegetables

SQUAW CORN

add:

4 cans of corn

3/4 lb diced cheese

CHINESE MYSTERY

add:

1 head celery

2 large pkgs thin noodles (add when boiling)

2 cans tomatoes

SPAGHETTI

add:

1 large pkg spaghetti (cooked separately)

Sprinkle with cheese

YOKI SPECIAL

add:

4 cans of spaghetti sauce

2 cans of peas

HUNGARIAN POT

add: 4 cans of Campbells pork and beans

MEXICAN DELIGHT

add:

1 can of Nibblets Mexicorn

1 can of pitted olives

1 box of Cornbread

mixed and dropped by spoonfuls when mixture is boiling well

Cover and cook for 14 minutes