## Junior Girl Scout. Vest



1. Junior Insignia Tab
2. World Trefoil Pin
3. Girl Scout Pin (traditional or contempora
4. Bronze Award Pin
5. Membership Numeral Guards

6A.Sign of the Rainbow
6B. Sign of the Sun
6C.Sign of the Star
6D.Sign of the World
7. Cookie Sale Acitivity Pin
8. Badges
9. Junior Leadership Pin
10.Brownie Wings
11. Junior Aide Award
12. Bridge to Junior Girl Scouts
13. Safety Award
14.Membership Star
15. Disc for Membership Star-green
16. Disc for Membership Star-yellow
17.Troop Numeral
18. Troop Crest
19. Girl Scout Council Identification Set
20. Patrol Leader's Cord

## Junior Girl Scout,Sash



1. Junior Insignia Tab
2. World Trefoil Pin
3. Girl Scout Pin (traditional or contemporary)
4. Proficiency Badges
5. Cookie Sale Acitivity Pin

6 A. Sign of the Rainbow
6 B . Sign of the Sun
6C. Sign of the Star
6D. Sign of the World
7. Junior Leadership Pin
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9. Junior Aide Award
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11. Safety Award
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13. Disc for Membership Star-green
14. Disc for Membership Star-yellow
15. Troop Numeral
16. Troop Crest
17. Girl Scout Council Identification Set
18. American Flag Patch

## Team Building Activities

## SWITCH-OFF

This is a simple exercise to set up and can be done indoors or outdoors with a minimum of equipment.
Equipment: Squares large enough for girls to stand on. These can be cut from carpet squares or made with masking tape on the floor.

Set-Up: You will need as many squares as you have girls plus one. These are placed in a line with a space equal to the size of the square in between. If you picture a chess board with you using the black squares for the girls to stand on, you'll get the idea.

Procedure: Each girl picks a square to stand on. It important to note the order in which they are standing. At the completion of the exercise, their order should be switched. A-B-C-D becomes D-C-B-A.

Rules: The girls may step only on their own square or the empty square. Girls may not share a square with anyone. Stepping on top of other girls' feet to move is considered sharing a square with her. Girls may hold onto each other for support and balance. If a girl steps off the squares or shares a square, the group has to return to the original position and start over. If any put-downs are used, the group must start over.

One solution: Girls A \& B are side-by-side, with the empty square on the opposite side of Girl B. Girl B squats down so Girl A can move over her to the empty square.
One of my favorites requires some prep work, but it's fun for both girls
and adults.

## TEAM WORK CRAFTS

Cutting out pieces-- each one cuts all of one thing. like one would do the wings and one would do all the bodies and one would do all of the eyes.

Hunt for the craft pieces - this is a little trickier.. hide the different craft components and have the kids finds them-- either by compass maps or word clues-- each group could find a different item

## NO TALKING

Tell the girls that they have all lost their voices, and they have no writing equipment, etc. (perhaps they can use signlanguage, but after trying it with sign language, have the girls try this sort of thing next time without it) They have to line up by: (Choose one)
Age
Height
Date of Birth (in Year)
Alphabetically
Alphabetically by middle name
Add blind folds to these too

## PULLING TAFFY

Small groups of 8 to 10: even numbers work better. Half the group sits on the floor facing each other. These people can hook themselves together anyway they want. The other half try to pull them apart. Then the group switches places.

## BALANCE THE BALLOONS

Have the girls stand in a line like you would for the bunny hop. Each girl has a balloon and the balloon is placed between her chest and the back of the person in front of her. The object is to have the train move around the room without the balloons falling and without use of arms and hands. If a balloon falls they must get the ball back up trying not to let any more fall. As you can see this will take teamwork.

## SPOT

You have one spot for each person and each person must have each foot on a spot. A leader will say "Change" and as they change one spot is removed until only one remains. As the spots disappear one at a time they must become creative and work as a team to see that everyone has their feet on spots.

## TROOP GOVERNMENT

It might have been okay for blind mice in a nursery rhyme, but a Girl Scout troop that is always in the dark can't run smoothly.

Think of a Girl Scout troop as being like a country. A Girl Scout troop belongs to all the members. Girl Scouts are the voters. Just as a country needs some plan for government to help it run smoothly, so does a troop. Girls, with the help of their leaders, can set up their own troop government. With good troop government it's easier to make decisions and set up troop rules.

There are different types of troop government. The troop members will need to discuss which type will work best for them. Here are three ways a troop could be run:

## 1 - THE TOWN MEETING SYSTEM

This system uses the total troop. The troop is not divided into smaller groups. The total troop helps make decisions.

- Everyone listens to the group's ideas, opinions, suggestions, and feelings.
- Everyone takes part in decision-making and leadership.
- "Moderators" are needed to guide group discussions. You and your troop will decide how to choose a discussion "moderator".


## WILL THE MODERATOR BE:

- Elected by the whole group for a specific time period?
- A girl's name is drawn from the hat?
- A different girl each time?


## 2 - EXECUTIVE BOARD

Executive Board is a form of representative government. In this system, the whole troop votes for a group of girls to speak for them. This elected group is sometimes called a steering committee. The length of time each girl serves should be limited so all members of the troop can participate.

Executive Board can have:
A President
A Vice President
A Secretary
A Treasurer
Other
Positions on the Executive Board depend on:
How many girls are in the troop.
The number of activities and projects discussed and carried out. What the girls feel the executive board members should do.

The executive board can hold its meetings privately or with the entire group. This committee makes plans based on the feelings and ideas of all the group members.

## 3 - THE PATROL SYSTEM

The patrol system is often used by Girl Scouts to help carry out decisions. Not all troops use this system, but it is very common. A patrol system is made up of two parts:

1) Patrols
2) Court of Honor

To start a patrol system, your Girl Scout troop can divide up into groups of four to six girls. Each of these groups is called a patrol. Dividing into patrols is like cutting up a pie into equal size pieces. A troop of 20 girls could divide into:


4 patrols


5 patrols

How many girls are in your troop?
How many patrols do you think would be best?

## DIFFERENT WAYS GIRL SCOUTS FORM PATROLS

BY NUMBERS Each patrol is numbered on a piece of paper, and each girl picks a number out of a hat. The number each girl picks is the patrol she will belong to.

BY INTEREST List the interests or hobbies of the girls, and then have each girl join the patrol closest to her interest.

EXAMPLE:
ART
Sari
Angie
Sandy

SPORTS
Toby
Sue
Maria

NATURE
Jessica
Pat
Blanca

BY GOALS Another way is to list some of the goals of each of the troops. Each girl can choose her patrol by the goals.

| GOAL 1 | GOAL 2 |
| :---: | :---: |
| TO WORK WITH OLDER <br> PEOPLE | TO LEARN CAMPING |
| SKILLS |  |
| GOAL 3 | GOAL 4 |
| TO FIND OUT HOW | TO STUDY NATURE |
| GUIDES IN OTHER |  |
| COUNTRIES LIVE |  |

BY BUDDIES Pair off into buddies. Each two buddies write their names on one piece of paper. Shuffle the paper and deal them like cards into patrols.

MAKING NEW FRIENDS is part of the fun of Girl Scouting. If girls in your troop are from different schools or are in different grades, it is sometimes helpful to mix up the patrols.

## SOME OTHER "RANDOM" WAYS:

Line up by age and count off $1,2,3,1,2,3$ (this is not as random, as you get a mix of ages in each patrol)
Line up alphabetically: first 5-6 girls in one patrol
Let girls pick their favorite flavor of Tootsie-Pops: put all grape together, all cherry, all orange.
Line up by the last number in your phone number
Line up on how long you have been in Girl Scouts: count off 1, 2, 3, 1, 2, 3
Line up by how many badges you have earned: count off $1,2,3,1,2,3$
CAN YOU THINK OF OTHER WAYS FOR GIRLS TO FORM PATROLS?

## PATROL LEADERS

After you set up patrols, a patrol leader and assistant patrol leader are chosen.
How do you think leaders can be chosen? How long should the leaders serve? Switching leadership occasionally gives more girls a chance to hold office.

Patrol leaders and assistants often stay in office until the whole troop decides to elect new patrol leaders or to make new patrols.

The patrol leader's job:

- Keeps a record of dues and attendance for the girls in the patrol.
- Leads discussions.
- Represents her patrol at Court of Honor meetings.

The assistant patrol leader's job is to help the leader at patrol meetings.

## CHOOSE A PATROL NAME

Each patrol should decide on a name.

## TROOP OFFICERS

A troop scribe and a troop treasurer are officers who are elected by everyone in the troop. They go to Court of Honor meetings with the patrol officers and adult leaders. The troop decides how long these officers will serve before a new scribe and treasurer are elected to take over the jobs.

Scribe: Takes care of the troop letter writing and takes notes at the Court of Honor meetings.

Treasurer: Collects the weekly dues from patrols, and works with the troop leader to keep a record of dues collected, and how the troops spends the money.

## COURT OF HONOR MEETINGS

At Court of Honor meetings plans and decisions are made for the whole troop. Adult troop leaders, patrol leaders, and troop officers go to Court of Honor meetings.

The Court of Honor is a system of representative democracy. It is like the system the United States Government uses. Every person in our country can't go to Washington D.C. to run the government, and we elect people to represent us. The Court of Honor does this for all the members of the troop.

The Court of Honor can meet briefly before or after regular troop meetings or on a separate day. It may also hold some "open meetings" when all troop members can watch how the Court of Honor works.

## HOW DOES THE COURT OF HONOR WORK?

- It suggest plans for patrols to discuss and to vote on.
- It asks for ideas and suggestions from patrols.
- It makes decisions for the whole troop.
- It sets up a Kaper Chart (job chart) with the troop Kapers that each patrol will do.

EXAMPLE

## PATROLS

SEPT. $7 \quad$ SEPT 14 $\quad$ SEPT. 21
SHOOTING STAR PATROL

HORSESHOE PATROL

DAISY PATROL

| OPENING <br> SONG/GAME | CLOSING <br> CEREMONY | CLEAN UP <br> MEETING ROOM |
| :--- | :--- | :--- |
| CLOSING <br> CEREMONY | CLEAN UP <br> MEETING ROOM | OPENING <br> SONG OR GAME |
| CLEAN UP <br> MEETING ROOM | OPENING <br> SONG OR GAME | CLOSING <br> CEREMONY |

## Patrols - Other thoughts about forming them:

## 1) Elect patrol leaders, then Troop Leader guides the formation privately with the leaders.

First as a Troop brain storm what makes a good leader. Then one at a time, each girl comes up to the Troop leader and nominates two girls they think would be good leaders in our Troop. After everyone has been able to nominate their choice for patrol leaders, I announce our three patrol leaders.

Then while the others are playing a game, I meet with the three new patrol leaders to form patrols. This is done more privately, so that no one gets the feeling they were picked last. I allow each patrol leader to pick one person that they think they work the best with. Then I place the harder to place members, by saying, "Cora, I think Chanie would work well in your patrol, because she looks up to you." "Marci, I think Indira would work well in your patrol, because you are able to be fair and you give everyone a chance." "Katy, I think Denisse would work well in your patrol, because you know how to be friendly with people who sometimes feel shy. Then I let the patrol leaders pick a second person. I usually ask them to pick someone they don't know as well, someone they can get to know better by working together in a patrol setting. After this, I either let the patrol leaders pick the last few members or I place the last few members in their patrol.

This method has worked best for us. It has worked better than the random selection of patrols and the picking leadership from the random groups. We usually pick patrols twice, sometimes three times, a year. We do sometimes use random methods, so that we don't get stuck in a rut thinking there is only way to select patrols and patrol leaders.

As the Troop leader, I have also picked three patrol leader based on best attendance, most responsible with permission slips, badge work and dues.

## Rhonda <br> San Diego-Imperial Council, CA

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2) Classic way for leader to set up patrols: It's very revealing about girls and their relationships.

Ask each girl to take a piece of paper and write her name at the top. Then, write down the names of 3 people she wants to have in a patrol with her. Promise that each girl will have at least one of those names in a patrol with her. They should not share their lists with each other.

Now, take the lists home. Start by looking at how many times each girl was named. Some girls may have appeared on almost everyone's list. Those are your natural leaders. Split them up. They will probably turn out to be the first patrol leaders. Some girls may only name each other and maybe one more. This is a clique. SPLIT THEM UP also--two and two or each in separate patrols depending on how the rest of the girls are falling out. If you have a girl that no one picks, put her in a patrol with two if her picks, and preferable the first two. If you have a girl that only one person picks, try to put her with that person as well as one of her own picks. See how this works? You may have to play with it a bit, but I've use this successfully.

Deborah Gaudier
Senior Troop Advisor/Leader, Daisy Leader, Master Trainer, IOT
Houston TX
****************************************
3) Puzzle Patrols - This is what I'm using this year. Make foam puzzles (as many puzzles as patrols with as many pieces as girls per patrol). Each girls chooses a piece as she comes in (use whatever method you prefer to make sure all the fifth grade leader types don't get pieces from the same puzzle). The girls must find the other parts of their puzzle to form their patrol. You can add to
this by putting "secret orders" on the back of the puzzle that instruct them to do something as a patrol - plan a song, elect officers, serve snack, whatever.
4) Rainbow Patrols - Allows some choice of friends without anybody being left out. Have yarn in different colors, one piece per girl, as many colors as girls per patrol. Each girl picks a strand of yarn from a box as they come in. Let them pick the same color as their friends, trade, whatever else they want to do. When they stop, tell them that they have two minutes to silently put themselves in rainbow groups - one girl with each color. If they can't do it, everybody puts their strings back and they try again. This makes the shyer less popular girls feel more wanted - groups have to recruit a 'purple' or whatever before time is up. A nice touch is to have the girls braid or weave a patrol leader's cord out of their strands.
5) Age patrols - This is simpler and tends to be good in the spring. The troop I was involved with would switch patrols three times a year. The last time, they were put into grade specific patrols so that 6th graders could work on bridging, 5th graders could work on Jr. Aide and 4th graders could work on a badge without help from the older girls. The girls would come in and find something with their name on it on a table and would simply find it and join their new patrol.

## Bridget

Junior Troop Leader
Girl Scouts of Rhode Island
As the mother of a "loner" girl, I beg you not to let the girls choose their patrol members. Fifth grade is where cliques seem to start forming. Brownies might be able to pick (although they don't do patrols), and Seniors might be able to, but Juniors and Cadettes are too wrapped up in popularity and stuff -- even the nicest ones! I'm using a sort of a modified lotto system:
6) Assign patrols by "folders" chosen - At the beginning of every year, we put together brand new folders for the girls. They have a troop roster, list of patrol leader duties, snack calendar, and other stuff in the 3-prongs. And they have pockets with anything that goes home to "mom" (permission slips and newsletters). There are three different colors of folder, and each folder has one of three stickers on it. (This year, the folders are blue, green, and purple; each has a sticker of Tigger, Piglet, or Pooh on it). The folder also has a number on it. The girl chooses her folder, then signs it out on our troop list. My daughter chose a green folder with Tigger on the front. For the first half of the year, she's in the Tigger patrol. For the second half of the year, she'll be in the "green" patrol (they'll choose a better name in February).

Some of the girls have caught on. My daughter, for instance, reminded her best friend to grab a Tigger folder so they'd be in the same patrol. Fine. But in the latter part of the year, they'll be in two separate patrols because there weren't two Tigger folders the same color. A little quick math here -and how I cheated. Three stickers $x$ three colors = 9 girls. But we have 12 girls. I started out putting out only folders 1-6. When those were all taken, I put out three more. And so on. Eventually, girls might get clever enough for one to take a folder right away, and the other to wait until folders 9-12 come out. But, even if they're that clever, they aren't likely to be that patient. If they ever are, they'll get rewarded for it that year, then I'll devise a new system for the following year!

BTW, since this is our first year with patrol leaders, I'm assigning those months, too. Inside each folder is a silver star and a gold star. Next to the silver star are the months the girl will be assistant patrol leader and next to the gold star are the months the girl will be patrol leader. My daughter happens to be patrol leader in September and February, and assistant patrol leader in January and May/June. I stole this whole idea from my older daughter's troop leader back in Texas.

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## Junior Girl Scout Awards Summary

## Sign of the Star - Being Your Best

1. Learn something new. Earn a badge in a topic that you know nothing about
2. Boost self-esteem - Do at least 4 activities from "A Healthier You", "Being My Best" or "Looking Your Best"
3. Display or demonstrate one of your talents to your troop, group or others
4. Complete 2 activities from "It's Great to Be a Girl" (Ch. 3, Junior Girl Scout Handbook)
5. Participate in a Council event or complete an activity from other Girl Scout resources (re: Junior Girl Scout Handbook, pg. 191)

## Sign of the Rainbow - Building Relationships

1. Complete "World Neighbors", "Global Awareness" or "Humans \& Habitats"
2. Participate in a Council event where you make new friends or complete an activity from other Girl Scout resources (re: Junior Girl Scout Handbook, pg. 192)
3. Do an activity from "Family \& Friends" (Ch. 4, Junior Girl Scout Handbook)
4. Help others to get something done or to learn a new skill
5. Do 2 activities from "My Community", "Celebrating People", "Local Lore"

## Sign of the Sun - Values

1. Live the Girl Scout Promise. Do an activity in which you serve God, your country or other people.
2. Live the Girl Scout Law. Choose one part of the law and do a related activity.
3. Complete "It's Important to Me", "The Choice is Yours", "High on Life" or a religious recognition
4. Do an activity from "Girl Scout Basics" (Ch. 1, Junior Girl Scout Handbook) or "Adventures in Girl Scouting" (Ch. 2, Junior Girl Scout Handbook)
5. Read pgs. 44-45 in the Junior Girl Scout Handbook and answer the "test yourself" questions

## Sign of the World - Make the World a Better Place

1. Read pgs. 38 -39 in the Junior Girl Scout Handbook and discuss some projects your community needs
2. Complete "Model Citizen" or "Lead On"
3. Do an activity from "Earth Connections", "Eco-Action" or "Your Outdoor Surroundings"
4. Participate in a Council event where you make the world a better place or complete an activity from other Girl Scout resources (re: Junior Girl Scout Handbook, pg. 197)
5. Do a service project that improves your neighborhood or community

## Junior Aide Award - Helping Younger Scouts

1. Talk about being a Junior Aide and find a group of younger girls to work with
2. Talk to the leader of the younger girls and arrange to help with at least 3 meetings
3. Meet with the younger girls and implement your plan

## Junior Girl Scout Leadership Award

1. Read pgs. 24-25 in the Junior Girl Scout Handbook and decide what leadership qualities you'd like to develop
2. Do 6 hours of community service
3. Serve in a leadership position for at least one month
4. Tell others about what you learned while completing steps 1-3.

## Bridge to Cadette Girl Scout Award

1. Find out about Cadette Girl Scouting
2. Participate in a Council event with Cadette Girl Scouts
3. Do a Cadette Girl Scout Activity
4. Work on a service project with a Cadette Girl Scout
5. Do something with a Cadette Girl Scout
6. Help plan your bridging ceremony

## Girl Scout Bronze Award

1. Earn two badges that are related to the project you will do for your Bronze Award.
2. Complete one of the Girl Scout Signs found in the Junior Girl Scout Handbook.
3. Earn the Junior Aide Patch or the Junior Girl Scout Leadership Award or two of the following: "Girl Scouting in the USA:, "Girl Scouting Around the World", "Girl Scouting in My Future", "Lead On"
4. Do a Girl Scout Bronze Award project that takes at least 15 hours

## Parts of a Meeting

Younger girls feel comfortable with a familiar structure to the meeting so they know what to expect. Older girls may prefer a more flexible meeting format. An agenda helps a meeting run smoothly. Girls, in partnership with adults, should have input into the agenda. Girls can also decide who will be responsible for the various parts of the meeting. Most meetings include the following parts:

1) Pre-meeting/Startup Activity (5 to 10 minutes)

- girls can do alone or in pairs as they arrive
- planned, but informal; sets a comfortable climate
- an "expandable" game
- setting up room or equipment


## 2) Opening (5 to 10 minutes)

- coming together of all girls to begin the meeting
- call to order with quiet sign
- have girls get into troop/group government system for age level
- Daisy Girl Scout circle, (page 58, Guide for Daisy Girl Scout Leaders)
- Brownie Girl Scout Ring (page 180-181, Guide for Brownie Girl Scout Leaders)
- patrol, executive board or town meeting for Junior, Cadette and Senior Girl Scouts (page 41-43, Guide for Junior Girl Scout Leaders)
(page 14-15, Guide for Cadette and Senior Girl Scout Leaders)
- Girl Scout Promise, flag ceremony, song, or all of these
- brief sharing time


## 3) Business and Planning (10 to $\mathbf{2 0}$ minutes)

- time for girls to take active role in managing the troop by contributing ideas,
- making choices, planning, evaluating
- girl-adult partnership in action
- girls use form of government appropriate to age
- Daisy Girl Scout circle
- Brownie Girl Scout ring
- town meeting, patrol system, executive committee for older girls


## 4) Major Activity ( 20 to 40 minutes)

- endless possibilities based on interests of girls
- time for fun, growing, doing, making things happen
- begin with getting acquainted, learning about Girl Scouting
- work on patches, badges, and interest projects
- activities from handbook
- outdoor experiences, trips, service, songs and games, art projects
- ceremony, special event, or get-together with another troop or group


## 5) Clean-Up and Closing (5 to $\mathbf{1 0}$ minutes)

straighten room and put away materials (A Girl Scout leaves a place cleaner than she found it.)

- wrap up meeting/activity: Did we...? Were we...? Should we...? (finish, share, see, feel, etc.)
- reminders for the next meeting
- brief ceremony: song, Girl Scout Promise, Friendship Circle, etc.


## Meeting Plan Worksheet

## Pre-Meeting/Start-Up Activity

$\qquad$ minutes

Opening
(Develop the same way to open each meeting.)

Business/Planning
$\qquad$ minutes

Major Activity
$\qquad$ minutes

## Clean Up/Closing

$\qquad$ minutes
(Develop the same way to close each meeting.)
Questions to Consider When Planning

1) Who is responsible for each part of the meeting? (leader, co-leader, girl)
2) What will you (or girls) need to prepare before the meeting?
3) What supplies or equipment are needed?
4) Approximately how long will each activity take?
5) What extra activity might you include if the meeting moves faster than anticipated?
6) Will girls all participate together? In sub-groups?
7) What growth/learning do you hope will take place?
(skill development, personal growth in areas of the four program emphases)
8) What choices/decisions will girls be making?
9) How will leaders and girls evaluate the meeting?

## Troop Meeting Plan Worksheet

## Date:

Location:

Use this worksheet to develop specific plans for individual troop meetings.

|  | Time | Activity | Supplies |
| :--- | :--- | :--- | :--- |
| Start-Up |  |  |  |
|  |  |  |  |
| Opening |  |  |  |
|  |  |  |  |
| Business |  |  |  |
| Activity |  |  |  |
|  |  |  |  |
| Clean-up |  |  |  |

## Sample Junior Girl Scout Meetings

The following pages contain suggestions for your first Junior Girl Scout troop meetings. Meetings should be based on the needs and interests of the girls in the troop. Those who have been Girl Scouts for two or three years will have lots of ideas, and new girls will also have much to contribute. Be sure girls are partners in the planning process.

The Junior Girl Scout Handbook is your basic resource. These pages are supplemental and designed to help you get started. Use the ideas in whatever way works best for you and the troop.

First meetings at the Junior Girl Scout level focus on getting acquainted and building a team spirit. New girls will be learning about Girl Scouting in preparation for their investiture. Girls are looking for fun, challenge, and opportunity to make their own decisions. Keep in mind the relationship between "activities" and girl growth in the areas of the four program emphases.

# Junior Girl Scout Meeting \#1 

## Materials Needed

name tags<br>paper (small and large sheets)<br>Junior Girl Scout Handbook

two-foot lengths of rope (one rope per person) pencils, pens, markers
five Frisbees ${ }^{\circledR}$ or 12-inch cardboard circles

## Pre-Meeting Activity

Welcome each girl at the door with a name tag. Have girls complete "Who Am I Now?" or "This Is Me?" activity on page 42 of the Junior Girl Scout Handbook. Use "This Is Me" as an icebreaker. Pages 44-48 have more activities about girls understanding themselves.

## Opening

Discover how many of the girls have been Girl Scouts before or if Girl Scouting is a new experience. Allow girls who have been Girl Scouts before to share a few of their favorite things about Girl Scouting. Ask girls new to Girl Scouting to share things they would like to do in Girl Scouting. Keep a list to use later when planning activities for the year.

Say the Girl Scout Promise. Perhaps girls who have been in a troop before can explain the meaning of the Girl Scout sign and help teach the Promise to those who are new.

## Business and Planning

Review the different models for troop government in the handbook on pages 24-25.
Explain the town meeting system of troop government. (See handbook, page 25.) Discuss roles of moderator, secretary and treasurer. Ask for volunteers to serve in these positions for a few meetings. (At a later date, girls can discuss other types of troop government and determine which will work best in their troop. They may also decide to elect officers or patrol leaders.)
Talk about weekly dues and decide as a group on amount each girl could bring to be used for troop activities. (See handbook, page 26.) The amount of dues can be adjusted later in the year, if necessary. Have moderator lead discussion. Secretary can write ideas on large paper (opened grocery bag works well) and help count if vote is taken. Treasurer will begin to collect and record dues next week. Be sensitive to each girl's economic situation.

## Major Activity

Do an activity treasure hunt. Have girls look throughout the handbook for components of Girl Scout activities. Compile a list of activities they'd like to pursue.

## Clean-Up and Closing

Remind girls that an important Girl Scout tradition is to always leave a place in the same or better condition than they found it. Draw names for clean-up tasks or ask girls to work together to put away supplies and tidy room.

Gather in circle. Suggest that girls look through their handbooks at home for ideas of things they might want to do this year. Bring ideas to the next meeting.

Pass out ropes and teach the Linking Ceremony.
Leader ties ends of her/his rope together forming a loop. Junior Girl Scout next to her/him slips end of her rope through leader's rope and ties ends of this rope together forming another loop, and so on around the circle. When the chain is complete, each girl holds her loop in her left hand and makes the Girl Scout sign with her right hand. Girls repeat the Girl Scout Promise together. With hand still raised in Girl Scout sign, leader says, "Goodnight, Girl Scouts," which signifies the close of the meeting.

Save ropes to use another time for learning knots.

## Junior Girl Scout Meeting \#2

## Materials Needed

paper (small and large)
pencils, pens, markers
(optional)
glue or tape
scissors
magazines
cards for Girl Scout Law game
Girl Scout Law on large paper
"Values" quiz on large paper (optional)
songbook (optional)
Junior Girl Scout Handbook

## Pre-Meeting Activity

Have girls make up a trivia game about Girl Scouting. Have each girl look through the handbook and write questions about Girl Scouting to use in a game.

## Opening

Gather in circle. Say the Girl Scout Promise.
Explain that the Girl Scout Law identifies values that are important to Girl Scout members, so we try our best to live by these values. Look at the Law in the handbook, page 6, or have it printed on large paper. Read it together.
Ask each girl to choose one part of the Law and think of something she might do to live by the part she has chosen. Share ideas around the circle. (Remember, it is always okay for a girl to pass if she prefers not to share.)

Play the Girl Scout Law game.

## Equipment:

Words of Girl Scout Law statements printed on cards, one or two words on each card. One complete set of cards for each team. Each set mixed up and placed in an envelope.

## Method:

Place envelope on table (or floor) about ten feet in front of each team. On signal, all players on each team run to their envelope, take out cards, and put words together to form statements of the Law. First team finished correctly wins.

## Business and Planning

Have the troop treasurer collect dues.
Pass paper and pencils. Have each girl write "wish list" on the paper and then write three more things she would like to do with the Girl Scout troop. Ask the troop secretary to collect these ideas and, for the next meeting, print them on a large sheet of paper for the troop to see.

Discuss the investiture/rededication ceremony. (See definition in handbook, page 12.) Ask moderator to lead discussion about when and where the troop might hold the ceremony. Ask girls for suggestions for the ceremony. Have secretary write down ideas. Planning will be continued at a later meeting.

## Major Activity

Check out the list of Girl Scout values on page 45 of the handbook. If all girls have books, they can write answers individually. If girls do not have books, make a large poster with four columns labeled as in the handbook and numbered from do the "Values Vote" activitey (\#4) from the It's

Important to Me badge on page 36 of the Junior Badge Book. Give each girl a pencil or marker. As you read the statements, have each girl mark her initials and number of votes out of her total 20 in the column she chooses. Talk about what things are valued. Note individual differences and similarities, but do not make judgments. Ask girls how their values might affect decisions or choices.

If there is time and if girls are interested, continue with other activities related to values, pages 4445 in the handbook and pages $36-37$ in the badge book.

## Clean-Up and Closing

Allow time for clean-up as needed. Ask girls to suggest a song to sing for closing. (If there are not suggestions, teach "Make New Friends" or another song from a Girl Scout songbook.*)

Stand in a circle. Ask each girl to share one value she has identified in today's meeting. (Remember option to pass.)

Sing the song girls have chosen.

*Songbooks: Sing Together<br>Pocket Song Book<br>Canciones de Nuestra Cabana

## Junior Girl Scout Meeting \#3

## Materials Needed

wish list (printed on large paper by secretary)
large paper
pencils, pens, markers or crayons flag

> scissors
jump rope (Double Dutch)
tennis balls (Juggling)
Junior Girl Scout Handbook

## Pre-Meeting Activity

Make a troop friendship poster. Have a large sheet of paper posted on the wall and magazines, scissors, crayons or water-colored markers, and tape nearby. At the top of the sheet, print "Friends." As girls arrive, ask them to write, draw, or tape something on the paper that describes what friends do, or that makes them think of friendship.

If girls have handbooks, they might want to look at pages 66-67 for ideas about friendship and complete the questions on page 67, "What Kind Of Friend Are You?"

## Opening

Ask experienced girls to lead a simple flag ceremony or you can teach girls. (See handbook, pages 12-13, or your "Troop Management handout.) Include Girl Scout Promise as part of the flag ceremony.

Ask girls to share thoughts on friendship from pre-meeting activity.

## Business and Planning

Have troop treasurer collect dues.
Have secretary tape on wall the troop "wish list" from last meeting and read it aloud. On another large sheet of paper, draw a house with 12 rooms. (See example on next page.) Label each room for a month of the year. Ask the moderator to lead the group discussion. Help girls decide which activities they want to do and which months they might do them. Have secretary write decisions in "rooms." The house then becomes a planning guide for the troop year. Start a dream box to save ideas that are not used in the house. You may be able to help girls see how some ideas might be combined. Don't worry if all rooms are not full -- many ideas will develop during the year, especially as girls get involved with badges. For further information on sharing ideas and making decisions, see handbook, page 22, and pages 96-99.

## Major Activity

If possible, choose one of the ideas from the girls' "wish list" to begin, and/or, do number 10 Sport Search in the "Sports Sampler" badge, page 85 in the badge book.

Have girls reviews "Play Sports!" handbook, page 110-113.

## Clean-Up and Closing

Allow time to put away materials and tidy up the room.
Conclude with a friendship circle and friendship squeeze, handbook, the bottom of page 9.

Idea House


## Can you completely earn a Junior badge at a single meeting?

There are too many variables here to say whether you can or can't earn a badge in a meeting. Here are some of the variables:

- What the badge is. Outdoor Fun requires two events of a half-day or longer for one activity. All badges have 6 requirements but some are more time consuming than others. Some could be easily done inside, at a meeting. Others would need the troop to travel to a different location. Remember that the backgrounds of the badges no longer indicate the difficulty of the badges.
- What types of activities are involved in the badge. Some badges lend themselves to group discussions and can be done quickly. Some require a service project or journals which need to be written over a period of time. Some badges require camping or hiking or other activities at a different location. Others require quick group activities or games. Some require the girls to learn about subjects about which they might not know very much. Others might be a review of familiar topics.
- How interested the girls are in the badge subject. Some girls just aren't interested in sitting through a $1 \frac{1}{2}$ hour lecture to gain necessary background about a badge. (but would tolerate 10-15 minutes). Some girls don't want to even sit through 2 minutes of a lecture on ANY subject. Other subjects may be so fascinating that the girls just can't seem to stop asking questions or want to continue with the activities or expand on them.
- How interested the leader or other badge advisor is in the badge subject. Some leaders are willing to help the girls plan badge work for any badge their troop may choose, but some aren't-the leaders may be pressed for time, or have limited knowledge or interest in the topic. Others would take three meetings to do one activity in a crafts-style badge because they're so interested in weaving, crocheting, etc. (Remember, though, you may be able to use other adults to help the girls earn badges about subjects that aren't your favorites. Think about the talents and jobs of your girls' parents and other adults in your community.)
- How long the meetings are. In every meeting, you need to have setup, cleanup, opening and closing ceremonies, and business--so two $11 / 2$ hour meetings are really equivalent to almost 4 onehour meetings, because you get more consecutive time to do activities. There are very few Junior badges that can really be done in an hour, but a $11 / 2$ hour block might be enough for some badges, especially the ones that involve a lot of group discussion. And you can get a WHOLE LOT MORE done in 2 hours!
- How similar the activities are to their schoolwork. If your girls all just finished a serious look at school on the Solar System, you really don't need to cover it again at a Girl Scout meeting for the Sky Search badge. However, you could (and should) at least take 15 minutes to review it (perhaps you could cut that down to 5 minutes, if they all start lecturing you on the ins-and-outs of the solar system!), to make sure all the girls meet the spirit of that activity, and reinforce how learning this stuff in school really does have a purpose in real life.

Yes, you CAN do Junior badges in a single meeting. No, you can't do every badge in one meeting. Some leaders get so wrapped up in completing the requirements so that they forget to let the girls have fun while they're learning something new. Since every troop and every leader is different, you and your troop may or may not be very interested in completing lots of badges. Just remember, we are NOT a content-oriented group striving to teach skills to any particular proficiency level. We are using these activities to further the program goals: Developing SelfPotential, Relating to Others, Developing Values, and Contributing to Society.

## Looking for something to do??

I just might have the answer....
Check out the following badges and their requirements. With other after school activities, you may have been meeting some of the requirements without even knowing it! Have Mom or Dad or a teacher or other adult who supervises your work sign off on a badge requirements sheet that you have completed the steps that are necessary. Later in the year there will be time set aside for you to share the work that you have done. Remember, you must complete 6 activities to earn each badge.

Do you have to write book reports for school? Do you enjoy reading different types of books and magazines? You may have already begun earning this badge. BOOKS - page 136

Do you take swimming lessons, are on the swim team, or have taken swimming at Girl Scout Camp? You may have already started earning this badge. WATER FUN and/or SWIMMING pages 122 and 120.

Do you take dancing classes? Jazz, Tap, Ballet or Country Line Dancing!! You may have already started earning this badge. DANCE - page 146

Do you play Tennis, Volleyball or Basketball? You may have already started earning COURT SPORTS - page 70 Or how about Softball, Soccer, or Track \& Field? You may have already started earning this badge. FIELD SPORTS - page 74

Do you take music lessons? Maybe you are learning to play the piano, the tuba or the drums? You may have started earning this badge already. MAKING MUSIC- page 192

Do you own a cat, dog, horse, rabbit, fish or even a pet rock? Do you help to take care of it? You may have already started earning this badge. PET CARE - page 56

Do you enjoy making things? Do you make things like...jewelry; do you knit, crotchet, or quilt? Perhaps you enjoy sewing? You may have already started earning this badge. " MAKING" HOBBIES - page 158

Do you enjoy playing an instrument, hiking, bicycling, reading, or singing in a choir? You may have already started earning this badge. "DOING" HOBBIES - page 150

Do you collect things such as rocks, gems, Beanie Babies, stamps, seashells or postcards? You may have already started earning this badge. "COLLECTING" HOBBIES - page 142

[^1]
## Websites to use for Junior Girl Scouting

The first two you need to know:
USA Girl Scouts - Kuwait - event calendars, blank forms, newsletters http://usagskuwait.tripod.com
Girl Scouts of the USA - general information, councils in US, GS shop, leader helps, fun things for girls, award information http://www.gsusa.org

## Junior Badge help:

http://jenefer.speedyweb.com/jrbadgehelps.shtml
http://www.phgsc.org/JuniorBadges.htm
http://www.craftbin.com/projects/juniorbadges.htm
http://makingfriends.com/jr\ scout\ badge\ projects.htm
http://www.kidslist.uc.edu/kidslist/gs/junior.html
http://members.aol.com/SurfinChar/junior.html

## Girl Scout Games:

The Game of Girl Scouting - http://www.guidezone.skl.com/gameof.htm
WAGGGS Wordfind - http://www.azmetro.com/nzwdfind.html
WWW Guiding Scavenger Hunt - http://www.azmetro.com/nzscav.html

## World Guiding and Thinking Day:

WAGGGS site: http://wagggsworld.org/
World Guiding site (unofficial but has good information): http://worldguiding.anzagl.com/
Thinking Day: http://www.wagggsworld.org/thinkingday/index.html

## Some patches you can earn from other Girl Scout councils include:

Tanasi GSC Law Enforcement, Microscopic World patches and more: http://www.korrnet.org/gstroop5
The Laura Ingalls Wilder Patch Program: http://hometown.aol.com/GSMomJoann/councilown.html

## Girl Scout Websites and clipart:

Making a Girl Scout webpage, logo restrictions, etc.http://www.gsusa.org/girls/How/make/makingweb.htm/
More pages with Girl Scout clip art:
http://www.azmetro.com/gsclipart.html
http://clipart.usscouts.org/html/library.htm
http://www.geocities.com/Heartland/Hills/6073/girlscouts/

## Various websites to help with "program":

Kid's nature activities! http://www.naturely.com
Kitchen Science http://freeweb.pdq.net/headstrong/default.htm
GS Music homepage - http://www.gsmusic.com/
ASL (American Sign Language) site - http://library.advanced.org/10202/
Language sites: www.altavista.com \& www.travlang.com
SWAPS - lots of directions: http://cube.ice.net/~kimtm/swaps2.htm
SWAPS - nice database of directions with pictures http://members.xoom.com/Troop74/swaps.html
Juliette Low - Has great history and graphics: http://www.gsusa.org/organization/vmuseum/era1.htm
GS Historical Uniform Site: http://www.geocities.com/Yosemite/Gorge/4154/
Kids Crafts: http://www.makestuff.com/ and http://www.makingfriends.com or http://www.craftcentralstation.com
Ethnic recipes: http://soar.berkeley.edu/recipes/ or http://abcnews.go.com/reference/countries/index.html
Britannica Online: http://www.eb.com
Information Please: http://www.infoplease.com/
Consumers Digest: http://www.consumersdigest.com/
Searching for anything: http://www.metacrawler.com or http://www.google.com or http://www.lycos.com
Crafts using recyclable items: http://www.sciswa.org/crafts.html\#anchor199587
Young Investors: http://www.fool.com or E*TRADE http://www.etrade.com or Yahoo! http://www.yahoo.com

## DURING HER YEARS AS A JUNIOR EVERY GIRL SHOULD HAVE THE OPPORTUNITY TO...

## LEARN THE GIRL SCOUT WAY

Know and understand the Promise and Law; be able to share their meanings
___Participate in an investiture or rededication ceremony
___Plan an investiture or rededication ceremony
___Plan and participate in a Scout's Own
___Know the history of Girl Scouting
___Know Girl Scout traditions and participate in celebrating them
___Understand the meaning of the World Pin and the World Association
__Know and use the handshake, slogan, motto and quiet sign
___Plan and participate in Court of Awards ceremonies

## EXPLORE THE MEANING OF CITIZENSHIP

Plan and participate in several indoor and outdoor flag ceremonies
Plan and participate in a community service project
Explore varied cultures, religions, and ways of living
___Demonstrate the relationship between the Law and citizenship

## HELP MANAGE HER TROOP

__Take an active part in patrols and Court of Honor or other forms of troop government
Participate in the selection of girl leadership for troop and/or patrol
Make decisions regarding dues and troop money
Make decisions regarding troop rules and procedures
___Receive support from leader regarding decisions
___Develop and use a kaper chart for meetings and activities

## LEARN AND ACHIEVE

Learn new skills by earning badges
___Participate in activities to earn the Signs
___Participate in at least two activities from each aspect of Girl Scouting

## EXPAND OUTDOOR EXPERIENCE

Participate in many outdoor meetings
Plan and participate in one or more camping experiences
___Increase outdoor skills - fire building, cooking, hiking
___Learn basic information about the natural world, its ecology and preservation
___Practice the eight outdoor skills

## EXPRESS CREATIVITY

Create art items for herself or others
___Use dramatic or choral skills in a presentation
__Learn songs and games; teach them to others
__Learn several useful home arts

## SHARE IN THE GIRL SCOUT COMMUNITY

Share activities with other Junior troops
Participate in bridging activities with Cadette troops
Share skills with younger troops
_Participate in neighborhood events

## Junior Age Level Training - Evaluation



Other Comments:


[^0]:    Valerie Haines
    Salem, OR (GS of Santiam)

[^1]:    Please be sure that you pick a different interest for each badge. For example, if you play the piano, you may use that to earn EITHER the MAKING MUSIC badge, OR the "DOING" HOBBIES. You may not use one interest for more than one badge. If you're not sure, just call your leader and ask!

